

Worrying waterworks?

Ask your GP about fixing your flow

Regular trips to the bathroom compromising life's flow?

2.8+m
Aussie men

aged 50+ are living with benign prostatic hyperplasia (BPH), or an enlarged prostate²⁻⁴

While a normal prostate is about the size of a walnut, an enlarged prostate can grow to the size of a mandarin, a lemon, or even larger,⁵ and press against the bladder⁶



New research involving 1,000+ Aussie men reveals waterworks problems are common:

1 in 2
aged
50+

8 in 10
aged
80+

Enlarged prostate symptoms:⁷⁻¹⁰



Struggling to completely empty bladder



Peeing often at night



Weakening or non-existent urine flow



Anxious locating bathroom quickly

Almost
2 in 3
Aussie men aged
65+ report an
urgent need to
pee⁷



It can affect your daily routine and impact your life

An enlarged prostate can disrupt your daily routine,^{7,11-13,14} and lead to...

- Spending a long time in the bathroom to avoid dribbling urine
- Standing for ages at the urinal
- Scheduling intimacy around your symptoms
- Altering driving routes and pre-planning toilet stops

2 in 3
say symptoms affect their daily lives⁷



Symptoms can be awkward, embarrassing, confidence crushing⁷ & leave you feeling like a "cranky old man"

Those affected report:⁷



Sleep disruption



Compromised working life



Relationship issues



Interrupted exercise

Don't suffer in silence

An enlarged prostate is treatable,¹⁵ yet:

- ⚠️ **2 in 5** Aussie men affected fail to seek treatment⁷
- 🕒 **1 in 10** only visit their doctor soon after symptom onset⁷
- 🕒 **1 in 5** wait over 6 months before seeking treatment⁷

Enlarged prostate symptoms don't fix themselves¹⁶

They get worse⁴, are not a normal part of ageing¹⁶ & should not be left untreated⁸



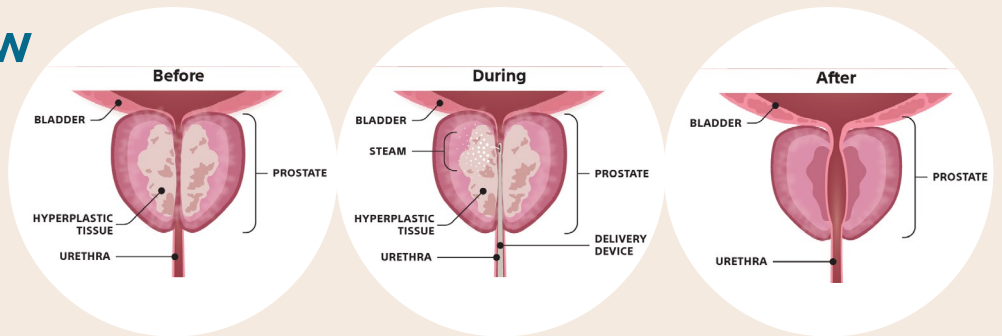
Act now

Effective, available treatment options can help:

- Restore sleep
- Boost confidence
- Avoid embarrassment
- Make you feel like your old self

Resume life's flow

Rezūm™ water vapor therapy is a minimally invasive treatment using a shot of steam to help shrink your enlarged prostate, improve your stream, and resume your flow¹⁸



Ask your GP about fixing your flow, or visit

[fxmyflow.com.au](https://www.fxmyflow.com.au)



Surgery is required to use the Rezūm™ System, and any surgical procedure carries risk. Outcomes may vary for each patient. Consult with your doctor to determine if the Rezūm™ System is suitable for you and any factors that could impact your response. THIS PRODUCT IS NOT AVAILABLE FOR PURCHASE BY THE GENERAL PUBLIC.

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Boston Scientific commissioned YouGov to perform an online quantitative survey on benign prostatic hyperplasia (BPH), involving a nationally representative sample of 1,011 Australian men aged 50+ years between July 4 to 10, 2024. The data was weighted by age and region to reflect the latest Australian Bureau of Statistics (ABS) population estimates of Australian men over 50 years of age.

This infographic is for informational purposes only and is not intended as a substitute for professional medical advice, diagnosis, or treatment. Always discuss with your

healthcare provider any questions or concerns you may have about your health.

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